

CCG Shutdown

Please be aware the next CCG Shutdown date is Tuesday 24th November 2020 from 12.00 noon. The Mid-Essex CCG will be providing out-of-hours care for our patients from 12.00 noon until 18.30 pm and our telephone lines will be diverted to the care provider during this time. In the case of urgent need whilst the practice is closed you can call NHS 111 to speak to a triage nurse. Your needs will be assessed and advice offered or arrangements made for you to see a doctor. Out-of-hours services are generally busy so please think carefully before asking to see a doctor and only do so if you genuinely cannot wait until the surgery re-opens. In a genuine emergency you should call 999. Chest pains and/or shortness of breath constitute an emergency. Hours will resume as normal on Wednesday 25th November 2020.

Christmas Donation Box

This Christmas we are running a collection for the Chelmsford Foodbank to support those less fortunate than ourselves in our local community.

Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference.

Chelmsford Foodbank seeks to tackle food poverty and hunger in our local communities. Over 90% of the food distributed by foodbanks in The Trussell Trust network is donated by the public – that's why your food donations are absolutely vital in order to give everyone in need a balanced and nutritious three day supply of food.

The list below shows the food items that are needed right now. This list is not exhaustive and all donations will be warmly received.

- Instant Mash
- Breakfast Cereal
- Soup
- Pasta/Rice
- Pasta Sauce
- Tinned Beans
- Tinned Meats
- Tinned Vegetables
- Tinned Fruit
- Box of Biscuits
- Tea / Coffee
- Squash
- Long Life Fruit Juice
- Male Toiletries
- Female Toiletries
- Feminine Sanitary Products
- Washing Powder
- Washing Up Liquid
- Washing Liquid Detergent

Food donation boxes will be in the waiting area of all three sites from this week. If you wish to donate please bring your donation to reception at your chosen site. Thank you.

Dosette Boxes

For any dispensing patients struggling with medication we can offer weekly dosette boxes. Please email or call the dispensary team for more information.

F81100.scripts@nhs.net or 01245 221777 press option 3 between 11.00am-1.00pm.

[Flu Clinic](#)

We are now able to book flu vaccine appointments for Saturday 21st November at Danbury Medical Centre. You are eligible for a free flu vaccine if you are;

- An eligible adult age 65 and over
- Pregnant
- Have certain medical conditions
- Are a carer

To book an appointment or to check your eligibility please email reception - reception.f81100@nhs.net. (Flu vaccine appointments will continue to be accepted via the reception email address)

[Christmas Jumper Day](#)

The staff across The Beacon Health Group will once again be participating in Save the Children's Christmas Jumper Day on Friday 11th December 2020.

If you would like to donate simply text TEAMBHG to 70050 to donate £2 to Save the Children's Christmas Jumper Day. You'll be billed £2 plus standard rate text message. We receive 100% of your donation. By texting TEAMBHG you agree to calls about fundraising appeals, campaigns, events and other ways to support. Include 'NO PHONE' to opt out of calls.

Thank you.

[Reception Email Address](#)

The reception email address is now for queries only. If you email to book an appointment you will not receive a reply. However, flu vaccine appointment requests will continue to be accepted via the reception email address.

Please do not attend the surgery to book an appointment.

To book a routine appointment:

- Click on the DoctorLink link here - <https://app.doctorlink.com/beaconhealthgroup/register>
- Click on 'Request a Routine Appointment' on the website
- Telephone the surgery

To book an on the day appointment:

- Telephone the surgery

[Patient Reminder](#)

We are continuing to keep footfall into the surgery at a minimum and asking patients to adhere to the social distancing and one in one out rules. In order to help this we have now installed a traffic light system at the front door at Danbury Medical Centre, which is now the entrance for prescription collection only. Please only enter the surgery when the light is green.

For pre-booked appointments or collection please follow the signs to the side entrance at Danbury Medical Centre.

This can result in patients having to queue outside of the surgery therefore can we ask that patients dress appropriately for the weather especially coming into the winter months.

Festive Period

We would like to make our patients aware of the dates the surgeries will be closed over the Festive period:

- Friday 25th December 2020 – CLOSED
- Monday 28th December 2020 – CLOSED
- Friday 1st January 2021 – CLOSED

The dispensary will run as usual over the Christmas period but we ask that patients put their repeat prescription requests in a little earlier than usual (we usually ask that you allow 72 hours) and also please inform the dispensary if the prescription is needed before the Christmas shutdown. Any queries then please speak to the dispensary team via telephone, email or the 'General Medication Question' form on the website.

Face Masks

We are asking that all patients please continue to wear a face mask/covering when attending the surgery. Thank you.